

Let's actually solve the Dirac equation for a particle at rest, i.e. $\frac{\partial \psi}{\partial x} = \frac{\partial \psi}{\partial y} = \frac{\partial \psi}{\partial z} = 0 \Leftrightarrow \vec{p} = 0$
 $i\hbar \partial_t \psi \Leftrightarrow p_t$

Then we have: $\gamma^0 \partial_t \psi + \frac{mc}{\hbar} \psi = 0$

$$\begin{pmatrix} 0 & -i \\ -i & 0 \end{pmatrix} \frac{\partial \psi}{\partial ct} + \frac{mc}{\hbar} \psi = 0 \quad \psi = \begin{pmatrix} \psi_1 \\ \psi_2 \\ \psi_3 \\ \psi_4 \end{pmatrix}$$

Or:
$$\left. \begin{aligned} -i\hbar c \frac{\partial \psi_1}{\partial ct} + \frac{\hbar c}{\hbar} \psi_1 &= 0 \\ -i\hbar c \frac{\partial \psi_2}{\partial ct} + \frac{\hbar c}{\hbar} \psi_2 &= 0 \\ -i\hbar c \frac{\partial \psi_3}{\partial ct} + \frac{\hbar c}{\hbar} \psi_3 &= 0 \\ -i\hbar c \frac{\partial \psi_4}{\partial ct} + \frac{\hbar c}{\hbar} \psi_4 &= 0 \end{aligned} \right\} 4 \text{ solutions: } \psi_{\text{rest}}^{(1)} = e^{-i\frac{mc^2}{\hbar}t} \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix} \quad \psi_{\text{rest}}^{(4)} = e^{-i\frac{mc^2}{\hbar}t} \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ 1 \\ 0 \\ 0 \end{pmatrix}$$

$$\psi_{\text{rest}}^{(3)} = e^{i\frac{mc^2}{\hbar}t} \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ 0 \\ 1 \\ 0 \end{pmatrix} \quad \psi_{\text{rest}}^{(2)} = e^{i\frac{mc^2}{\hbar}t} \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ 0 \\ 0 \\ 1 \end{pmatrix}$$

From QM we expect the time dependence of a state to evolve as $e^{-i\frac{E}{\hbar}t}$, and for particles at rest $E = mc^2$ so $e^{-i\frac{mc^2}{\hbar}t}$ indicates the usual behavior.

What about the solutions w/ $e^{i\frac{E}{\hbar}t}$ time dependence? These correspond to antiparticle states!

Note: Recall that $S_2 = \frac{\hbar}{2} \begin{pmatrix} \sigma_2 & 0 \\ 0 & \sigma_2 \end{pmatrix}$ for 4-comp. ψ
 $= \frac{\hbar}{2} \begin{pmatrix} 1 & & & \\ & -1 & & \\ & & 1 & \\ & & & -1 \end{pmatrix}$

Then: $S_2 \psi^{(1)} = \frac{\hbar}{2} \psi^{(1)}$, $S_2 \psi^{(2)} = -\frac{\hbar}{2} \psi^{(2)}$
 $S_2 \psi^{(3)} = -\frac{\hbar}{2} \psi^{(3)}$, $S_2 \psi^{(4)} = \frac{\hbar}{2} \psi^{(4)}$

These were given an interpretation early on by Feynman and Stueckelberg as positive energy states moving backwards in time. This has been given a more modern understanding, but remains a useful idea and is actually implemented in Feynman diagrams. This explains the 4 d.o.f. in the Dirac equation, $\pm \frac{1}{2}$ for each particle and antiparticle

So the Dirac equation secretly knows about and describes both particle and antiparticle behavior. We will get a clearer picture of how these are related when we study discrete symmetries.

It is both more informative and more useful in calculations to consider plane-wave solutions since these correspond to states of definite momentum which is typically what we put in to scattering events and detect coming out.

Taking a plane-wave ansatz: $\psi(x) = A e^{-ik_\mu x^\mu} u(k^\mu)$ for which $\partial_\mu \psi = -ik_\mu \psi$
overall normalization constant

The Dirac equation then becomes: $(i\gamma^\mu k_\mu - mc)\psi = 0$ which is algebraic!

After some work one can show that $k^\mu = \pm \frac{1}{\hbar} p^\mu$ and we are left with 4 solutions:

$$\psi^{(1)} = A e^{i \frac{p_\mu x^\mu}{\hbar}} \begin{pmatrix} E/\hbar c - p_z/\hbar c \\ -p_x/\hbar c - i p_y/\hbar c \\ 1 \\ 0 \end{pmatrix} \quad \psi^{(2)} = A e^{i \frac{p_\mu x^\mu}{\hbar}} \begin{pmatrix} -p_x/\hbar c + i p_y/\hbar c \\ E/\hbar c + p_z/\hbar c \\ 0 \\ 1 \end{pmatrix}$$

$$\psi^{(3)} = A e^{-i \frac{p_\mu x^\mu}{\hbar}} \begin{pmatrix} 0 \\ 1 \\ -p_x/\hbar c + i p_y/\hbar c \\ -E/\hbar c + p_z/\hbar c \end{pmatrix} \quad \psi^{(4)} = A e^{-i \frac{p_\mu x^\mu}{\hbar}} \begin{pmatrix} 1 \\ 0 \\ -E/\hbar c - p_z/\hbar c \\ -p_x/\hbar c - i p_y/\hbar c \end{pmatrix}$$

Note:
 Typically we write:
 $\psi^{(1)} = A e^{i \frac{p_\mu x^\mu}{\hbar}} u^{(1)}$
 $\psi^{(2)} = A e^{i \frac{p_\mu x^\mu}{\hbar}} u^{(2)}$
 $\psi^{(3)} = A e^{-i \frac{p_\mu x^\mu}{\hbar}} v^{(1)}$
 $\psi^{(4)} = A e^{-i \frac{p_\mu x^\mu}{\hbar}} v^{(2)}$
 where $u^{(1)}, u^{(2)}$ are particle spinors
 and $v^{(1)}, v^{(2)}$ are anti-particle spinors

Note: $\psi^{(i)} \rightarrow \psi^{(i)}$ w/ $\vec{p} = 0$ (you fill in the details in the HW)

These are quite different than the "decoupled" spinors in NR QM, i.e. $\psi(x) \propto u(\vec{p}) + v(\vec{0})$. Here the energy and momentum dependence cannot be extracted as an overall coefficient like $\psi(x)$.

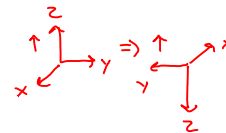
Looking again at S_z , we note: $S_z \psi^{(1)} = \frac{\hbar}{2} A e^{i \frac{p_\mu x^\mu}{\hbar}} \begin{pmatrix} E/\hbar c - p_z/\hbar c \\ p_x/\hbar c + i p_y/\hbar c \\ 1 \\ 0 \end{pmatrix} \neq \psi^{(1)}$ So this and the other $\psi^{(i)}$ are not eigenstates of S_z .

Unless we choose $\vec{p} = p_z \hat{k}$, then: $S_z \psi^{(1)} = \frac{\hbar}{2} \begin{pmatrix} 1 & -1 \\ -1 & -1 \end{pmatrix} A e^{i \frac{p_\mu x^\mu}{\hbar}} \begin{pmatrix} E/\hbar c - p_z/\hbar c \\ 0 \\ 1 \\ 0 \end{pmatrix} = \frac{\hbar}{2} \psi^{(1)}$

So it is often useful to work in terms of eigenstates of spin along the direction of motion (\hat{k} above). These are referred to as helicity states.

Characterizing particle states w/ helicity is almost just like characterizing them by S_z .

For instance if a particle has $S_z = +\frac{\hbar}{2}$, we can always rotate our coordinates so that the same particle has $S_z = -\frac{\hbar}{2}$. It is still a useful classification if we stick to one coordinate system.



Helicity is similar. If we have $S_{\vec{p}} = +\frac{\hbar}{2}$ then $S \rightarrow \vec{p}$ (though not completely aligned).
But we can always boost to frame reversing \vec{p} then $S' \rightarrow \vec{p}$ giving us $S_{\vec{p}} = -\frac{\hbar}{2}$.

Except when the particle in question is massless! In that case there is no way to reverse \vec{p} with a boost. So for massless particles, their helicity is an unchangeable intrinsic property (just like their total spin).

In fact for a given massless particle type (flavor) we might as well think of the $S_{\vec{p}} = \pm \frac{\hbar}{2}$ states as different particles!

This has many implications, but first let's go back to our counting of states à la Wigner.

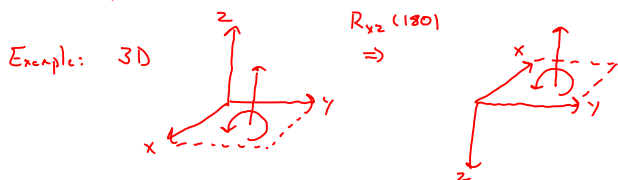
Recall we classify intrinsic spin states by the transformations that leave P^μ invariant.

For $m > 0$, we can work w/ $P^\mu = (mc, 0, 0, 0) \Rightarrow$ 3D rotations \Rightarrow spin- $\frac{1}{2} \Rightarrow$ 2 states.

However for $m=0$ there is no rest frame. There is a simple P^μ to work with (remember the counting is independent of P^μ so we can choose any one that is handy).

Consider: $P^\mu = (\frac{E}{c}, \frac{E}{c}, 0, 0)$ Note: $P_\mu P^\mu = 0$ as expected for $m=0$.

This is only invariant under 2D rotations! But these cannot change the spin in this plane!



Is any of this reflected in the Dirac equation?

Recall that w/ our conventions a boost on spinors is generated by $\sigma^{0i} = \frac{i}{2} \begin{pmatrix} \sigma_i & 0 \\ 0 & -\sigma_i \end{pmatrix}$

while a rotation on spinors is generated by $\sigma^{ij} = \frac{i}{2} \epsilon^{ijk} \begin{pmatrix} \sigma_k & 0 \\ 0 & \sigma_k \end{pmatrix}$

So if we take our 4-component $\psi = \begin{pmatrix} \psi_+ \\ \psi_- \end{pmatrix}$ we have that ψ_{\pm} transform oppositely under boosts and alike under rotations.

The 2-component ψ_{\pm} are called Weyl or chiral spinors.

The Dirac Lagrangian can be written: $\mathcal{L}_{\text{Dirac}} = (i\hbar c) \bar{\psi} \gamma^\mu \partial_\mu \psi + mc^2 \bar{\psi} \psi$

Recall: $\bar{\psi} = i\gamma^0 \psi^\dagger$ $\gamma^0 = -i \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$	$= -i\hbar c (i\psi_-^\dagger \partial_\mu \sigma^{\mu} \psi_- + i\psi_+^\dagger \partial_\mu \bar{\sigma}^{\mu} \psi_+) + mc^2 (\psi_-^\dagger \psi_+ + \psi_+^\dagger \psi_-)$
So for $\psi = \begin{pmatrix} \psi_+ \\ \psi_- \end{pmatrix} \Rightarrow \bar{\psi} = (\psi_-^\dagger \psi_+^\dagger)$	$\begin{matrix} \uparrow & \uparrow \\ \sigma^\mu = (I, \sigma^i) & \bar{\sigma}^\mu = (I, -\sigma^i) \end{matrix}$

Now the important thing to note is that if $m \neq 0$ we need both ψ_+ and ψ_- (hence a 4-comp. Dirac spinor). However if $m=0$, we can actually work with just one of ψ_+ or ψ_- , i.e. 2 component Weyl spinors which satisfy:

$$\left. \begin{aligned} i\bar{\sigma}^\mu \partial_\mu \psi_+ &= 0 \\ \text{or } i\sigma^\mu \partial_\mu \psi_- &= 0 \end{aligned} \right\} \text{Weyl equations. Each one describes a particle/anti-particle pair, hence 2 real dof.}$$

Choosing to work with ψ_+ or ψ_- for massless spinors is exactly the same as working with positive or negative helicity states!

We should be careful though to distinguish the chiral states ψ_{\pm} from the helicity eigenstates $S_{\hat{p}} = \pm \frac{\hbar}{2}$.

Everything we have done so far has been illustrated with our conventions for the γ 's, but it may not be obvious that it works for other choices, e.g. when the γ 's do not split like $-\gamma^0 \gamma^3 = \begin{pmatrix} 0 & \sigma^3 \\ \sigma^3 & 0 \end{pmatrix}$.

This is where γ^5 enters. For our conventions $\gamma^5 \equiv -i\gamma^0\gamma^1\gamma^2\gamma^3 = \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$ (Recall $\gamma^\mu\gamma^5 = -\gamma^5\gamma^\mu$)

And we can use it to form projection operators $P_\pm = \frac{1}{2}(1 \pm \gamma^5) \Rightarrow P_+\psi = \frac{1}{2} \begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix} \begin{pmatrix} \psi_+ \\ \psi_- \end{pmatrix} = \psi_+$
 $P_-\psi = \psi_-$

But from the definition of γ^5 , we can show that $\frac{1}{2}(1 \pm \gamma^5)$ is a projection operator in any representation of γ 's.

So instead of using the (representation dependent) split $\psi = \begin{pmatrix} \psi_+ \\ \psi_- \end{pmatrix}$ we can just define $\psi_+ = P_+\psi$
 $\psi_- = P_-\psi$

Here again we can see the difference between chirality and helicity:

$P_\pm = \frac{1}{2}(1 \pm \gamma^5)$ projects onto states of definite chirality